come see the play look up is cat not my and dog for you to the cat up dog and is play come you see for not to look my you for the and not see my play come is look dog cat to up dog to you and play cat up is my not come for the look see play come see cat not look dog is my up the for to and you to not cat for look is my and up come play you see the dog my play see to for you is the look up cat not dog come and look to for my come play the dog see you not cat up and is up come look for the not dog cat you to see is and my play is you dog for not cat my look come and up to play see the cat for the you not up my dog see to is come play look and see you dog for is cat look play my the up and come not to look cat see my and dog the is play come not for to you up my see is the come play look for and up to cat you dog not and you cat look to see not my dog the for come is up play dog to and play up come you the not is cat look for my see the play look cat see up come for my you and not is to dog for to not you come play the look cat see is dog up and my you dog and for up not see my cat is the play come to look come not and to see you is play look up the cat dog my for

When you read: -

1. Do the letters or words go fuzzy or blurry?  
   Never ☐  Sometimes ☐  Always ☐

2. Do the letters or words move?  
   Never ☐  Sometimes ☐  Always ☐

3. Do you see the letters or words twice, such as side by side or on top of each other – ‘double vision’?  
   Never ☐  Sometimes ☐  Always ☐

4. Do you get headaches when you read?  
   Never ☐  Sometimes ☐  Always ☐

5. Does reading make your eyes hurt or sore?  
   Never ☐  Sometimes ☐  Always ☐

6. Do you get tired after a few minutes?  
   Never ☐  Sometimes ☐  Always ☐

7. Do you see lights or colours around letters or words?  
   Never ☐  Sometimes ☐  Always ☐

8. Does reading make your eyes water or make you want to rub them?  
   Never ☐  Sometimes ☐  Always ☐

9. Do you lose your place when you read?  
   Never ☐  Sometimes ☐  Always ☐